

# THE COACH AS THE ARCHITECT OF HIGH PERFORMANCE

Welsh Football Update & Modern Trends | Dr David Adams, FAW Chief Football Officer

The Coach as the Architect of High Performance | Brian Ashton, England Rugby World Cup Winning Coach

Incorporating Individual Specific Targets | Gemma Grainger, Cymru National Team

The Welsh Way, Principal Based Session, Managing Transitions | Matthew Jones & Gareth Davies, FAW

The Welsh Way, Principal Based Session, Breaking Lines | Nicola Anderson & Nia Davies , FAW

Transitional Practices James Rowberry | Newport County

Defensive Principles with Transitions Neil Ryan | Manchester United

Breaking lines & Build-up against a Press | Mark Hudson & Tom Ramasut, Cardiff City

Case Study, 3-4-3 Formation Joao Sacramento | Former Roma Assistant

Outplaying Alone or in Combinations Andy Crofts | Brighton & Hove Albion

Playing Through, Around or Over The Press | Darren Davies, Swansea City Academy

Defensive Transitions | Matthew Etherington, Peterborough Utd

Possession & Transitional Practices | Yaya Toure, Tottenham Hotspur Academy

Research Centre for Welsh Football | Brendan Copley, University of South Wales

The Road to the Champions League Final | Davide Ancelotti, Real Madrid

The High Performing Coach; Tactical Innovation | Yaya Toure, Yohan Cabaye & Gael Clichy

Winning in a Crazy World | Kevin Roberts, Red Rose Consulting

